International Women's Day 2024 #InspireInclusion





Emotional Equity for Inclusion

Gender stereotypes of emotion are invisible and insidious.

They result in us making inaccurate and harmful assumptions about the emotions expressed by men and women, which often leads to unconscious bias.

Gender stereotypes of emotion have also been shown to adversely impact women in leadership positions, including getting those positions in the first place and succeeding in those positions once they have them.

The talk



Increase awareness around gender stereotypes of emotion



Consider and challenge assumptions around emotions at work



Set an intention to work toward emotional equity for inclusion







With years of speaking experience.
Sarah's warm, engaging style encourages her audiences to take informed action for impactful change.





